Millbrook Exchange Community Center

Preschool Programs

Jan-April 2012













Discover your raleign parks and recreation Department

Play Smart

3-5yrs

Children will rotate through different stations in small groups. Physical fitness and safety activities involving City of Raleigh Firefighters and Police Officers are the primary focus. A kid-size city with pedal cars will be used to teach children about driver and pedestrian safety. Parents, guardians, or teachers are required to stay during the program. Contact: Alicia Lacombe 831-6833 or Linda Stafford 420-2383.

Class Fee: \$6

#119190 Apr 24 Tue 10:00 am -11:30 am

Playgroup Tot Time

6mos-5yrs

The gym is your playground! Come meet other families in your community in a recreation setting. The gym will be reserved for parents and their young children. Sports and recreation equipment will be available for use. This program is free and registration is required to attend.

FREE!

#118076 Jan 4-Apr 30 W, M 10:30 am -12:30 pm

Baseball - Little Sluggers

3-5yrs

This class is an introduction in skills development that teaches the basics of baseball including fielding, hitting, throwing, and catching. Class will help develop your child's hand/eye coordination, listening skills, good sportsmanship and teamwork! Let's play ball!

Class Fee: \$36

#118744 Mar 8-29Th 6:30 pm - 7:15 pm

#118745 Apr 12-May 3 Th 6:30 pm - 7:15 pm

Basketball - Little Shooters

3-5yrs

A skills, drills and play shooters class. Players learn the basics including dribbling, shooting, passing, one-on-one, offense-defense and team play fundamentals for a rewarding non-competitive sports experience.

Class Fee: \$36

#118732 Mar 5-26 M 6:30 pm - 7:15 pm #118733 Apr 8-29 M 6:30 pm - 7:15 pm

Football - Little Tacklers

3-5yrs

Hut one, hut two......hike! This class is an introduction in skills development that teaches the basics of football including passing, kicking, catching and running. The class will help develop hand/eye coordination, listening skills, good sportsmanship and teamwork! Emphasis will be on safe play. Some parent participation included. Touchdown!

Class Fee: \$36

#118752 Mar 9-Apr 6 F 6:45 pm - 7:30 pm #118753 Apr 13-May 4 F 6:45 pm - 7:30 pm

Soccer - Little Kickers

3-5vrs

This class is an introduction in skills development that teaches the basics of soccer including drills such as passing, dribbling, and shooting. Class will help develop hand/eye coordination, listening skills, good sportsmanship and teamwork! GOAL!!!!

Class Fee: \$36

#118737 Mar 6-27 Tu 6:30 pm - 7:15 pm #118738 Apr 10-May 1 Tu 6:30 pm - 7:15 pm

